



HAART KENYA

HAART Monthly Newsletter

Issue 9 - September 2015

Introduction

September was a busy month with workshops and training events, capacity building for the HAART staff and a lot of preparations for the last few months of the year. We had two separate training for the staff and volunteers of HAART, first we were trained on creative story telling to increase the impact of our training in relaying stories of human trafficking and in the other we were trained on how to assist victims of trafficking professionally and child protection. We also had many workshops and we started working with a new group of more than 20 victims of trafficking.

This month you can read a story by our volunteer therapist Yasmin about the difference between consensual sex and rape. Unfortunately, this is not something that is necessarily common knowledge among the vulnerable population in Kenya. Secondly, you can read excerpts from an email conversation we had with a woman in Saudi Arabia. Next month we have two exciting events together with Fatuma's Voice using poetry to create awareness about human trafficking. See below.

*"KNOWLEDGE
MAKES MAN
UNFIT TO BE A
SLAVE"*

- Frederick Douglass

FATUMAS VOICE

**Position Of Youth in
HUMAN TRAFFICKING**

Venue: @Pawa254
Entry: Ksh 100

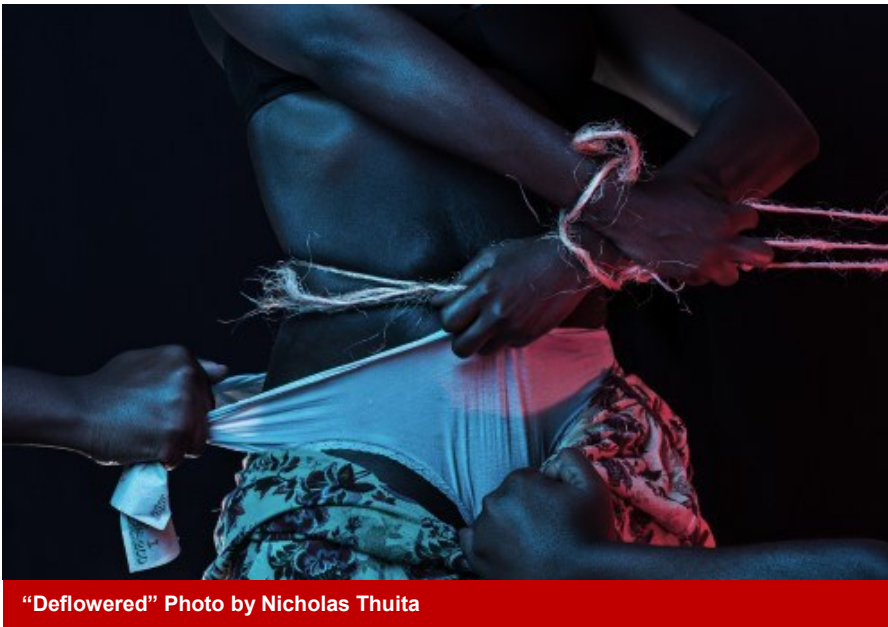
Time: 5:00 pm
Date: 3rd October 15

HopeNow
Empowering Trafficked People

PAWA254
Art Rising!

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“Deflowered” Photo by Nicholas Thuita

Difference between consensual sex and rape?

Sounds like a simple enough question doesn't it? It isn't.

For some people, the answer to this question is easy; two people choosing to engage in a sexual relationship equals to consensual sex, as opposed to a situation where one person is forced to have sex which is rape. However, the seemingly clear distinction is often not as simple as one would think, especially when it comes to victims of human trafficking.

Victims of human trafficking frequently come from vulnerable situations of poverty, violence, physical and sexual abuse, all looking for a better future. In this context, often, the person (girl or boy, man or women) has been shown by people around them that their bodies exist for another person's pleasure, and that they do not have a say in the matter. With this in mind, the distinction between consensual sex and rape is not as clear. When we speak to people who have been trafficked, they often do not talk about the sexual or physical abuse, but the money that has been withheld from them.

Here are some questions that can make the distinction between consensual sex and rape clearer;

- If a person did not want to have sex but was made to is that rape? YES
- If a person does not want to have sex but doesn't think they can say no is that rape? YES (continued on page 4)

Volunteers of the Month

HAART would not be where it is without our amazingly dedicated volunteers. So every month we share pictures of some of the people who are working hard to fight human trafficking with us.



Elizabeth Kaguta



Elizabeth Mwanza

5th anniversary

30th September 2015 is HAART's 5th anniversary and we are very appreciative of the support we have received that have made us reach this far.

Some of the highlights in our developments have been our increased capacity in the last two years especially when it comes to assisting victims of human trafficking, our continued learning of the phenomenon of human trafficking in Kenya and our successful projects such as Arts to End Slavery.

We look forward to another 5 years of growing the organizations, learning and most of all our continued effort to fight human trafficking.

One day when human trafficking has entered the history books as an outdated illegal practice, we will happily close down the organization.



"Slave Trade" by Gado

Lured due to lack of employment

Recently we received an email from a lady who is currently in Saudi Arabia, we subsequently corresponded with her and tried to find out her situation and to what extent we can help. She gave us permission to share her story, so below you can read it with just her name changed:

"Hello,

I'm Janet and I'm working in Saudi Arabia. I wanted to inquire if upon my return you can use me to create awareness in the grassroots level and anywhere else you want to let people know that this is modern slavery. The situation here is so bad and many are embarrassed to share with the community.*

We are lured because of lack of employment but its better to work at home than in any middle east country. I have been communicating with many women and the situation is worse because many young girls are now the target of trafficking.

We asked her if she had tried reporting the case and see if she could get help, this is what she said:

"I have all the contacts I'm sorry to inform you that they don't help anyone. I reported some case early this year of a girl who was being mistreated and nothing ever happened. The girl finally had to run away and report to the police. She stayed in custody for two months and was transferred to the deportation centre. Later on she was deported and her salary areas for one year was slashed into two. She was paid half. No one ever wants to associate themselves with this issue. The best way is to let people know the truth about this place."

It is very sad that we cannot help Janet with much since there is very little we can do in Saudi Arabia, but once she comes back we will try to help her in the small ways we can. We did, however, get in contact with the girl who had come home and we are now trying to provide her with some assistance.

By Jakob Christensen

Difference between consensual sex and rape? (continued)

- If a person was forced to have sex but did not fight back, is that rape?
YES
- Is forced sex in a marital relationship rape? YES
- Is sex with a minor rape? YES
- If the person who forced you someone you know, is it still rape? YES

Consent means that both people in a sexual encounter must agree to it, and either person may decide at any time that they no longer consent and want to stop the activity.

Consenting to one behaviour does not obligate you to consent to any other behaviours. Consenting on one occasion also does not obligate you to consent on any other occasion.

Rape is a serious matter that can leave a person suffering, often in silence, with painful physical and psychological effects. The person may feel frightened, guilty, angry, ashamed, sad, hurt, and may have problems eating and sleeping. The first step in dealing with these difficult feelings is knowing what rape is and that it is never the fault of the victim.

It does not matter if they dressed a certain way, at a certain place, drunk, alone, or flirting.

Rape is never okay and it is never the fault of the victim.

Non-consensual sex is rape, and rape is a crime.

If you are a survivor of sexual assault, remember that with time, and support, it is possible to heal. You have survived the hardest part on your own and you do not have to do the rest alone.

By Yasmin Manji

Contact Us

Give us a call for more information or check out the website or any of our social media sites.

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Visit us on the web at
www.haartkenya.org

Visit our blog at
www.haartstories.org

 fb.com/haart.ke

 [@haartkenya](https://twitter.com/haartkenya)

[#FightHumanTrafficking](https://twitter.com/haartkenya)

Upcoming activities

- 15 workshops
- 2 poetry events
- Partner visit
- Assistance to victims of trafficking
- Anti-trafficking campaign in social media

Donate

Become part of the push to end modern slavery in Kenya. Support HAART Kenya:

www.haartkenya.org/donate

MISEREOR
IHR HILFSWERK


mise en cara
mission support team network


International Organization for Migration (IOM)
Organisation Internationale pour les Migrations (OIM)
Organización Internacional para las Migraciones (OIM)

HopeNow giz
Empowering Trafficked People


mensen
met een
missie



AUSTRIAN
EMBASSY
NAIROBI


YCI
Youth Career Initiative

HAART's main partners in 2015